

*Date of Printing ~ March 25, 2019*



Summer Calendar  
April 2019 ~ September 2019

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## Seniors' For Nature Outdoor Club ~ Board of Directors

We are fortunate to have a Board comprised of dedicated and enthusiastic volunteers. Each member of the Board strives to execute their duties to the best of their ability and for the continued betterment of the club. Please feel free to contact any Board member if you have a suggestion, question, or concern.

## Message from the Program Chair

### Thank You Event Coordinators

The rich variety of summer outings reflects the great spirit of sharing within our SFNOC club. It is truly a pleasure to hear from so many members, new members and veteran members alike, who are keen to give time for organizing an outing [or more than one outing]. There are several outings that have been organized by the stalwart experienced members, but this summer we've had a tremendous response from new members who wish to organize their 'first' outing. This "can do" attitude has resulted in some new and unique outings which will prove to be entertaining for our members and rewarding for the organizers.

The SFNOC club provides amazing opportunities to learn and to participate in the comfort of friendship. It's important to remind ourselves of the importance of social interaction and 'connection' in our retirement years. This social bonding is a cornerstone of the club and allows members to remain active and curious as we learn about the interesting areas around the GTA [and also some activities further afield].

Make sure you participate in as many outings as you can. Then consider coordinating an event of your own. There is lots of help for anyone who wishes to organize an outing. The best part of organizing an event is the sense of achievement and of 'giving back'.

We have a rich Summer calendar thanks to those of who committed to organize outings. Thank you all for your support.

### Website

[www.seniorsfornatureoutdoorclub.ca](http://www.seniorsfornatureoutdoorclub.ca)

This hard copy calendar is up-to-date at the date of printing. Inevitably there will be changes and these will be posted on the website. We send out monthly e-blasts to advise members of upcoming events which may include changes or cancellations. The website will always be the most current information. Other useful information on the website, under the "Members" tab includes:

- ✓ membership application forms
- ✓ members contact info (name, phone number, email address)
- ✓ waiver forms
- ✓ guidelines for event organizers
- ✓ minutes of meetings

### Event Organizers

Please remember to print a copy of the "waiver form" [aka attendance sheet] so you can record the participants joining your event. All completed waiver forms should be returned to the Program Chair [Gerry McMunn].

If you have never organized an outing, but think you may want to try your hand at it, please do not hesitate to speak with the organizer of the next event you join. These experienced leaders can discuss their experiences and explain what is involved.

If you feel a need for more information or assistance to organize an event, please call Gerry McMunn, the Program Chair, and he'll explain what's involved and can provide support and guidance. Remember, you can organize virtually any type of outing. We have luncheons; we have training sessions; we have contemplative events; along with the standard physical activities of skiing, snowshoeing, hiking, canoeing, cycling, etc.

### Carpool Whenever Possible

When you contact your event coordinator to register your intent to participate, let them know if you need a ride, or if you can offer a ride. We need to constantly work at increasing carpooling.

## Important Information for All Members

### General Meetings

The first Tuesday of each month October through May

Meetings commence at 12:30 PM in the main auditorium of the Earl Bales Community Centre located at **4169 Bathurst Street North, in North York.**

- Tuesday, April 2, 2019
- Tuesday, May 7, 2019 [pot luck]
- Tuesday, October 1, 2019
- Tuesday, November 5, 2019 [AGM]
- Tuesday, December 3, 2019 [Seasonal pot luck]

There is a business portion in most meetings followed by a social period. After the social period, we have a guest speaker.

### Registration for Events

Please be sure that you confirm your intention to attend any event and please do so with plenty of lead time. Last minute registration is inconsiderate of your outing organizer. If you do not confirm your intention, you may be unpleasantly surprised when you show up and find yourself alone because of changes made for the meeting place or time.

***Outings may be cancelled at the discretion of the organizer and they may be cancelled on very short notice. Reasons for cancellation are varied, but may include weather, organizer illness, or insufficient attendance. Do not show up without registering with the organizer of the event.***

### Withdrawal from an Event

If you have registered for an outing and need to withdraw, please let the organizer know your change of plan with as much lead time as possible. Organizers need to know if all registrants

have arrived. If organizers are not aware that you've changed your mind, they end up delaying departure while they look for you and check on the reason for your absence.

[MEDICAL FORM](#)

Whenever you participate in an event, please remember to bring your completed medical form (available for download from the website) to all outings. Keep it in a zip lock bag in an outside pocket of your backpack and make sure your partner/organizer knows where to find it should it be needed. This form will be important should any emergency require EMS.

## Event Listings in Chronological Order

Multi-day Events

Wed. May 8-10	Cycle	Niagara Falls/NOTL
Wed. May 8-9	Canoe/camp	Beausoleil Island
Tues. May 28 – 31	Canoe	Saugeen River
Tues. July 30 – Aug 1	Camp/astronomy	Grafton/Warkworth
Sun. Aug 11-13	Cycle	Kingston
Mon. Sep 2-6	Canoe/Camp	Depot Lakes
Mon. Sep 9-13	Canoe/Camp	Trent/Severn

Single-day Events

Tues. Apr 2	Genl Mtng/Open House	Earl Bales C.C.
Thur. Apr 4	Hike	Guildwood Lakeshore ~ Bluffs
Thur. Apr 11	Ice Skating	Scarborough Village
Tues. Apr 16	Contemplative	Redpath Sugar Museum & lunch
Thur. Apr 18	Hike	Walker Woods & Glen Major
Tues. Apr 23	Hike	Highland Creek
Thur. Apr 25	Contemplative	Danforth Avenue ROM-guided tour
Tues. Apr 30	Hike	Betty Sutherland Trail
Thur. May 2	Cycle	Taylor Creek to Steeles [return]
Tues. May 7	Genl Mtng/Pot Luck	Earl Bales C.C.
Tues. May 14	Norm Erickson	Picnic @ Kingsmill Park on the Humber
Thur. May 16	Cycle	Tay Shore Trail to Midland
Thur. May 23	Hike	Cheltenham Badlands
Thur. May 30	Cycle	Caledon Rai Trail
Tues. June 4	Hike	High Park; Lakeshore; Humber; picnic
Thur. June 6	Cycle	Morningside to Ajax
Tues. June 11	Canoe	Nottawasaga River
Thur. June 13	Hike	Ganaraska Forest
Tues. June 18	Cycle	Cambridge to Paris Rail Trail
Thur. June 20	Hike	Rouge Valley Woodland
Tues. June 25	Hike	Toronto Metro Zoo [guided tour]
Thur. June 27	Cycle	Rouge Hill to Whitby
Tues. July 9	Canoe	Guelph Lake
Thur. July 11	Hike	Eaton Hall Lake
Tues. July 16	Canoe	Emily Creek
Thur. July 18	Cycle	Nokiidaa Trail Aurora
Tues. July 23	Canoe	Muskoka River
Thur. July 25	Cycle	Beaches to Toronto Islands
Tues. July 30	Canoe/Hike	Bronte Creek
Tues. Aug 6	Cycle	Keswick to Sibbald Point
Thur. Aug 8	Canoe	Lower Scugog
Tues. Aug 13	Canoe	Jordan Harbour
Thur. Aug 15	Cycle	Waterfront to Pickering
Tues. Aug 20	Canoe	Burnt River

# SFNOC Summer Calendar

*Printed March 25, 2019*

Wed. Aug 21	Canoe	Sunset Voyageur experience Toronto Islands
Thur. Aug 22	Hike	Rouge Valley High Trail
Tues. Aug 27	Canoe	Washago Loop
Tues. Sep 17	Canoe	Toronto Islands
Thur. Sep 19	Hike	Seaton Trail
Tues. Sep 24	Cycle	Mennonite country
Thur. Sep 26	Cycle	Big Chute Loop



## Multi-day Event Details

### Wednesday, May 8 ~ 10 Multi-Day Cycling Trip Niagara

**Rating:** Moderate ride on paved trails and streets. Optional routes are available to suit skills and endurance.

**Location:** Meet at noon in the Dufferin Islands Nature Area ~ picnic area

**Description:** Cycle the Niagara Falls area in spring when the cherry trees and lilacs are in bloom! View one of the world's seven natural wonders, explore the gorge, visit historic sites, enjoy a coffee or ice cream in the quaint town of Niagara-on-the-Lake.

Wednesday we will meet at the Dufferin Islands Nature Area near the Falls for a picnic lunch then cycle the trail towards Fort Erie. Cycle as far as you wish and return. On Thursday we will cycle to Niagara-on-the-Lake. Friday morning, we could cycle from Fort Erie to Port Colborne or we could bike part of the Welland Canal Trail. Hiking is also possible in the gorge park in Niagara Falls.

Plan your lunch for each day. Bring snacks and beverage for happy hour. We expect to dine out Wednesday and Thursday evenings as a group with members paying for their own dinner.

The cost is \$164.30 for two people in one room for two days. Breakfast is included. Cancellations are possible with one week's notice. We expect the hotel pool will be open so bring your bathing suit!

**Hotel:** River Rapids Inn, 4029 River Road, Niagara Falls. (905) 371-2200 (riverrapidsinn.com) You pay by credit card upon arrival.

**Directions:** Drive to Niagara Falls. Dufferin Islands Nature Area is located south of the falls [i.e. upstream] just past the former Toronto Power Generating Station. The park is on the right side.

An alternate route to bypass Niagara downtown is to exit the QEW at McLeod Road and go east on McLeod [aka C.R. 49]. This becomes Marineland Parkway for a short distance then merges with Portage Road. Turn right onto Portage Road then in about 200 metres, turn left onto Burning Springs Hill. At the bottom of the hill, turn sharply left and park on your left.

**Contact:**

### Wednesday, May 8 ~ 9 Multi-day camp/canoe Beausoleil Island 10:00 AM

**Rating:** Intermediate canoeing skills required. Must traverse open water which may have wind and waves.

**Description:** Come out for the first canoe trip of the season, before the crowds and bugs arrive, and experience the returning birds and discover other flora and fauna emerging from hibernation. We will launch our canoes at Honey Harbour and paddle across to Beausoleil Island, aiming for one of the sheltered

campsites at Chimney Bay or Oaks. Depending on wind and weather conditions, we can explore this beautiful island's hiking trails and/or paddle along the shore. Limit four canoes.

**Directions:** From Toronto, take Highway 400 North to Exit 156 for Port Severn Rd. North/Muskoka Rd. 5. Turn left onto Port Severn Rd. North/Muskoka Rd. 5. Follow Muskoka Rd. 5 to Georgian Islands National Parks Office, 2611 Honey Harbour Road.

**Organizer:**

Tuesday, May 28 ~ 31     **Saugeen Canoe Trip ~ Multi-day**     12:00 PM

**Rating:** Moving water, which can be fast flowing if recent rains have occurred. Requisite paddling skills are expected. Some small rapids [aka 'swifts'], but not more than grade 1. Weather is unpredictable, so rain gear and warm clothing should be packed.

**Location:** We will meet at Tim Hortons coffee shop in Walkerton [adjacent to the river] at 12 noon on Tuesday, May 28. Tim's is on the south side of Highway 4 [also Durham Street East] just after you enter town and cross over the river. For GPS users ~ 10 McNab St, Walkerton, ON, N0G 2V0

**Description:** This trip traverses 80 km and requires car shuttling. Technically this is a wilderness canoe trip as we will tent overnight in conservation areas along the route. Tuesday afternoon is allocated to car shuttling and a short paddle to our first campsite. This will provide everyone with a brief warm-up and skills assessment. We shall depart from Mile Six which is downstream from Walkerton.

The take-out will be at Denny's Dam in Southampton.

**Directions:** Walkerton is about a three hour drive from Toronto. Take Hwy 401 west to Hwy 6 (Hanlon Parkway up the west edge of Guelph) and proceed north to Durham [via Fergus; Arthur; Mount Forest] then proceed west on Hwy 4 to Walkerton [past Hanover].

**Organizer:**

Tuesday, July 30 ~ Aug 1     **Camping and Astronomy**     1:30 PM

**Rating:** Drive-in camping; all activities are optional

**Location:** Meet after lunch [i.e. 1:30 PM] at location designated below  
**Description:** A unique camping experience providing opportunity to study the stars through telescopes in the company of astronomers. During the day we will be hiking, perhaps swimming, and going for local ice cream. If we all arrive on Tuesday just after noon, we can set up and perhaps get a walk in on that afternoon.

There is lots of shade and some electricity for your electric coolers.

**IMPORTANT:** You will need full camping gear for the three days: tents, food, cookers, and most important water for drinking, washing, cooking.

Bring a folding chair.

Also, DEET is destructive to optics coatings ~ please do not use DEET repellent on this outing. Bring appropriate cover-up clothing.

There is a flush toilet on the property and for this we use stream water [not potable]. Please bring one roll of single ply toilet paper as consideration to the property owners.

**Directions:** From Toronto, go east on the 401 to Cobourg exit 474. Take C.R. 45 [aka Baltimore Rd] north about 10 km to C.R. 29. Turn right onto C.R. 29 and go east about 8 km to Covert Hill Road. Turn right onto Covert Hill Road and go down this very steep hill to the bottom. Watch for Hogans Road which runs to the right, but you will see the Hogan Road sign post on the left. The laneway to our destination is on the left just before the Hogan Road sign. Enter through the black iron gate and proceed into this property down a grassy laneway.

**Organizer:**

Sunday, August 11      **Cycle Kingston Area ~ Multi-day**      10:00 AM

**Rating:**

**Location:**      Kingston

**Description:**      Accommodations at Queens University

**Directions:**

**Organizer:**

Monday, Sept 2 - 6      **Camp ~ Canoe Depot Lakes**      1:30 PM

**Rating:**      Leisurely drive-in camping; flat water paddling and easy hiking.

**Location:**      Meet at 1:30 PM at Second Depot Lake campground.

**Description:** Depot Lakes offer a variety of interconnected beautiful waterways. There are many choices for canoe routes and/or for hiking trails. We'll arrive and setup camp on Monday afternoon. We can paddle or hike each day and return home on Friday. We may arrange to have dinner at the nearby golf club which is always a pleasant way to windup our outing on Thursday evening.

**Directions:** Hwy 401 east to Hwy 38; north on 38 to the community of Verona. Turn left at the golf course onto Snider Road; follow signs to Second Depot Lake.

For GPS ~ [1662 2nd Lake Rd, Godfrey K0H 1T0](#)

[http://quinteconservation.ca/site/images/stories/camping/docs/dl\\_map.pdf](http://quinteconservation.ca/site/images/stories/camping/docs/dl_map.pdf)

[http://quinteconservation.ca/site/images/stories/camping/docs/dl\\_trails\\_sites.pdf](http://quinteconservation.ca/site/images/stories/camping/docs/dl_trails_sites.pdf)

**Organizer:**

Monday, Sept 9-13      **Canoe Trent-Severn ~ Multi-day** 9:30 AM

**Rating:** This is essentially flat-water paddling, but on open bodies of water wind and waves can be challenging. We will be paddling across Lake Simcoe. Some days will require steady paddling for several hours. Requisite paddling skills are expected. Weather is unpredictable, so rain gear is essential and warm clothing should be packed in a dry bag.

**Location:** We will meet at 9:30 AM in Tudhope Park, Orillia.

**Description:** This multi-day camping trip requires car shuttling. The take-out will be at Lock 34 in Fenelon Falls.

- ✓ Day 1. Tudhope Park across Lake Simcoe to McCrae Point Prov. Park.
- ✓ Day 2. McCrae Point Prov. Park across Lake Simcoe to Lock 41 at Gamebridge
- ✓ Day 3. Lock 41 Gamebridge to Lock 36 at Kirkfield Lift Lock
- ✓ Day 4. Lock 36 at Kirkfield Lift Lock to Lock 35 at Rosedale
- ✓ Day 5. Lock 35 at Rosedale to Lock 34 at Fenelon Falls

**Directions:** Tudhope Park, Orillia is approximately 1 1/2 hours from Toronto. Proceed north on Highway 400 to Barrie then continue on Highway 11 northeast to Orillia. Exit Highway 11 onto Highway 12 east into Orillia. Stay on Highway 12 until you reach traffic lights at Atherley Road. Cross Atherley Road and enter Tudhope Park.

**Organizer:**

## Single Day Event Details

Tuesday, April 2 **Monthly General Meeting & Open House** 12:30 PM

Earl Bales Community Centre is located at **4169 Bathurst Street, North**, in North York. This is just south of Sheppard Avenue on the east side of Bathurst. The community centre is on the north side of the park. Just bear left when you enter the grounds. There are several parking areas. **This meeting will be an Open House** to introduce our club to the community. Light refreshments will be served and all are welcome. xxxx, will address the group on the topic of "***Fitness for Your Golden Years***". xxxx is the author of four books on fitness and nutrition, and was selected as one of the top five personal trainers in Toronto by the Metro News newspaper.

In the interest of conservation, please bring your own mug for coffee/tea. The meeting will start at 12:30 PM, after which we will have time for socializing.

Thursday, April 4 **Hike Guildwood Lakeshore & Bluffs** 10:00 AM

**Rating:** Moderate. Short, but hilly. Approximately 10 km of hiking.

**Location:** Meet at 10:15 AM in the Guildwood GO ticket office.

**Description:** We will walk from the Guildwood GO station to the shore below the bluffs and head east towards Highland Creek, returning to the GO station via East Point Park. Be prepared for deep snow and/or ice bring icers, seat pad, hot drink and a snack.

We can go for lunch afterwards at Tim's in the Guildwood Plaza.

**Directions:** From the west, take Kingston Road past Markham Rd & Guildwood Parkway. Look for the Guildwood GO/VIA Rail sign on the right.

From the East, take Kingston Rd past Morningside and look for the Guildwood GO/VIA sign on the left.

Coming by GO train: the 9:48 train from Union arrives Guildwood at 10:13. Alternatively, take the 86 bus from Kennedy Subway.

**Organizer:**

Thursday, April 11 **Ice skating in Scarborough Village** 10:00 AM

**Rating:** easy to intermediate; self-paced

**Location:** Meet at 10:00 AM in Scarborough Village rec centre, 3600 Kingston Road

**Description:** Scarborough Village is a City Parks and Recreation Centre which offers free skating to Seniors on certain mornings. Come and join the fun and get some exercise for the scheduled hours from 10-12 AM. Bring a lunch, or we can find a local restaurant for lunch. Indicate your preference when you register.

**Directions:** From 401, exit South on Markham Rd., continue South to Kingston Rd. (2.5km) to Scarborough Village on the Northeast corner of Markham Rd. &

Kingston Rd. Parking is at back of the building and change rooms are in the arena.

From Gardiner Expressway: exit at the end of the Express Way (Lakeshore Blvd.) continue East to Woodbine Ave., go North on Woodbine to Kingston Rd. Turn right at Kingston Rd. (East) and continue to Markham Rd., turn left at Markham Rd. Scarborough Village is on the right, (NE corner) Parking is behind the centre.

Address: 3600 Kingston Road.

<https://www.toronto.ca/data/parks/prd/facilities/complex/743/index.html>

**Organizer:**

Tuesday, April 16 **Contemplative ~ Red Path Sugar Museum** 10:00 AM

**Rating:** Comfortable walking tour. Then walk to lunch.

**Location:** Meet at 10:00 AM at the Redpath Museum [west side of the refinery]

**Description:** We will have a guided tour through the museum by the Curator/Archivist. The Redpath Sugar Museum was established in 1979 to celebrate the 125<sup>th</sup> anniversary of what is today the oldest sugar refining company in Canada. We will learn about the Company's Founder, John Redpath, an early industrial pioneer; the history of the Redpath Brand; the company; and its operations.

Discover how the sugar industry operates world-wide, the origins of sugar cane and its use in the ancient world. Exhibits include an overview of the modern sugar industry and the current production methods of sugar refining.

The tour is free of charge, but we must limit the number of participants to a **maximum of 30**.

Please join us for lunch following the tour at Against The Grain ~ a 5-minute walk east of the refinery [at Sugar Beach] [www.atgurbantavern.ca](http://www.atgurbantavern.ca)

**Directions:** Redpath Sugar Museum at 95 Queen's Quay.

By TTC, Take the Bloor subway East to Sherbourne, then the #75 bus South (Sherbourne/Queen's Quay) exiting at Lower Jarvis. Redpath is across the street.

There is no onsite parking; try to carpool as much as possible. There is pay parking at Loblaws [NW corner of Queen's Quay and Jarvis]. You will be ticketed if you park at the LCBO.

**Organizer:**

Thursday, April 18    **Hike - Walker Woods & Glen Major**    10:00 AM

**Rating:**       moderate 10 – 12 km

**Location:**    Meet at 10:00 AM on Concession Road 6 near the sign for *East Duffins Headwaters*

**Description:** We will be exploring parts of Brock tract, Wilder Forest Preserve, Walker woods and Glen Major areas – varied terrain ,open meadows, and woodlands.

Bring your lunch and water.

Coffee afterwards at the Old Brock Cafe in Claremont.

**Directions :** Take 401 East from Toronto to Brock Rd/ Durham Rd.1. Go North (left) on Brock Rd. for about 24 km to Coppins Corners. East (right) on CR 21 for about 2 km. until Concession Rd 6. South on Concession Rd 6 for 2 km where you will see sign *East Duffins Headwaters on left* [east side of road]. We will meet here.

**Organizer:**

Tuesday, April 23    **Hike Highland Creek Trail**    10:30 AM

**Rating:**       Moderate 16 km hike with some hills

**Location:**    Meet at 10:00 AM at the Guildwood GO station ticket office.

**Description:** This is a circular hike from the Guildwood Go Station along the Highland Creek Trail and the Guildwood neighbourhood back to the Guildwood Go Station.

Bring a lunch. Refreshments later.

**Directions:** [4105 Kingston Rd, Toronto ON M1E 2M3](#)

From 401 go south to Lawrence Avenue East at Highland Creek. That's west of Morningside Avenue and East of Markham Road. Just east of Highland Creek, turn south on Overture Road then turn west on Celeste Drive. The GO station is on the southwest corner of Celeste Drive and Kingston Road.

Coming from the southwest, just come along Kingston Road and pass Scarborough Golf Club Road. The GO station is on the south side of the street.

**Organizer:**

Thursday, April 25    **Contemplative Walk Danforth Ave** [guided]    9:45 AM

**Rating:**       Easy ~ 2 hour street walk

**Location:**    Meet at 9:45 AM at Playter Gardens [NW corner Danforth & Cambridge Avenues]. Guided walk begins at 10:00 AM SHARP.

**Description:** Led by a guide from the Royal Ontario Museum we will discover the rich history of the Danforth area including heritage homes, historic churches, the famous Music Hall and a former Nickelodeon.

This guided walk costs \$10 per person.

Afterwards we will have lunch in a local café.

**Directions:** TTC accessible.

Playter Gardens [at northwest corner of Danforth and Cambridge Avenues] is one block west of the Broadview subway station [Line 2]. The walk ends two blocks south on Broadview Avenue.

**Organizer:**

Tuesday, April 30 **Hike & Lunch ~ Betty Sutherland Trail** 10:30 AM

**Rating:** Moderate.

**Time:** We will meet at 10:30 AM at the west end of Manor Park Court. This is an entrance trail to the Betty Sutherland Trail system.

**Directions:** East of Leslie on Sheppard Avenue, go south on Shaughnessy Boulevard to a 4-way stop. This is George Henry Boulevard; turn right [go west] on George Henry Blvd to Manor Park Court. Turn onto Manor Park Court and park along the edge of the street. If anyone doesn't want to eat at the Pickle Barrel, we suggest you pack your own lunch and find a place to eat outside. After lunch, we will return to the starting point.

**Description:** This is a very pretty walk along the Don River parkland. We will follow the trail almost to Steeles, then head south on Cummer and on to the Pickle Barrel on Leslie Street where we will purchase lunch.

**Organizer:**

Thursday, May 2 **Cycle ~ Taylor Creek Park to Steeles** [return] 10:00 AM

**Rating:** Moderate 40 km ride with some hills. Paved pathways and some riding on city roads.

**Location:** Meet at 10:00 AM in the east parking area for Taylor Creek Park. The entrance is on the west side of Dawes Road just south of Park Vista. A park sign marks the entrance.

**Description:** This is a parkland ride beginning in Taylor Creek Park and heading west to join the Don Valley parkland. We'll ride north through the Science Centre parkland to Edwards Gardens. A bike path takes us from Edwards Gardens to York Mills and then a short ride on city streets to join the Betty Sutherland trail up to Steeles. We'll return via the same route. If people want, we can stop at Edwards Gardens on the way back and look at the farmers market and have a washroom break.



**Directions:** The park entrance is on the west side of Dawes Road just north of Danforth Avenue. Coming from the north, come down Victoria Park Avenue and turn onto Dawes Road just south of St. Clair Avenue.

Coming from the east, follow Danforth to Dawes Road [just west of Victoria Park] and turn north. Watch for the Taylor Creek Park sign on the left [west side].

**Organizer:**

Tuesday, May 7      **Monthly General Meeting**      12:00 PM

This will be a pot luck luncheon. Please plan to arrive by 12:00 noon. In the interest of conservation, please bring your own mug for coffee/tea. There will be no business meeting this day and it is our last monthly meeting until the Fall.

Earl Bales Community Centre is located at **4169 Bathurst Street, North**, in North York. This is just south of Sheppard Avenue on the east side of Bathurst. The community centre is on the north side of the park. Just bear left when you enter the grounds. There are several parking areas. Those planning on attending the SFNOC potluck May 7 are asked to bring a contribution to the lunch. Please contribute to one of the following 3 categories:

- 1) main dish
- 2) salad, or
- 3) dessert.

To assure a balance of menu items, please contact xxx by **May 1st** regarding your planned contribution.

**Co-ordinator:**

Tuesday, May 14      **Norm Erickson First Paddle Day**      10:00 AM

**Rating:** Easy paddling on the Humber River. Estimate 5 hours, including lunch.

NOTE: paddling is optional ~ this is a social function for new members

**Location:** Meet at 10:00 AM at the Kingsmill Park parking lot. This is the same location as every year prior.

**Description:** To our new members, we welcome you and look forward to a long and happy association. New members will be introduced at lunch. Anyone who wishes to paddle should coordinate partners and equipment with **Bernie Shaw** [email below]. We can pair up novices with experienced paddlers. Canoes are available for those who need a canoe. In the interest of safety, and compliance with boating laws, please remember to arrange for [or bring your own] life jacket, whistle, bailer, and throw bag ~ each of which is **mandatory**. If you need club equipment please let Bernie know.

Bring chairs and eating utensils. We will enjoy a catered picnic lunch after our paddling adventure. Check the weather and dress appropriately. It is cooler on the water and especially as you get closer to Lake Ontario on the river.

This year we have made arrangements with Tim Hortons coffee shop at 152 Park Lawn Road to use their facilities for bio-breaks. We will run car shuttles, as required, to this Tim Hortons. Manager's name is Joyce.

**Directions:** from Toronto Central and East: West on the Gardiner Expressway, exit right onto the South Kingsway. Watch the signage and go 300 metres exiting right onto the tight circular ramp which merges into the Queensway West. Follow this for 1 km, exiting right at the traffic light onto Stephen Drive. Follow this for 1.2 km. and exit left on to Riverwood Parkway. Go 200 metres, and bear right onto Humber Valley Rd, which leads directly to parking and our put-in. Watch for the Kingsmill Park sign.

Coming from the west [Mississauga or Etobicoke], go east on The Queensway, past Parklawn Road, exiting left at the traffic light onto Stephen Drive, then follow directions above.

**Organizers:**

You will be asked to complete a registration near the end of April. Please watch for this eblast. Since this is a catered event, it is crucial that we know how many people expect to attend, and also, who needs a paddling partner, a canoe, boating equipment. Stay tuned!!

Thursday, May 16    **Cycle Tay Shore Trail to Midland**    10:00 AM

**Rating:** Moderate; 45 km return

**Description:** We will ride West on the Tay Shore Trail from Waubauskene to Midland, past Ste. Marie Among the Hurons. If nature cooperates, we should cycle through some of the woodlands blanketed in Trillium flowers.

In Midland, we can have our own lunch in the harbour area, or buy something in one of the nearby restaurants (Tim Hortons close-by, too).

We will return the same way.

**Directions:** Take Hwy 400 North to Highway 12 at Waubauskene (exit 147; approx. 1:10 hrs from Hwy 401 & 400); go West to Pine Street (Esso station on North side, 1/2 km from Hwy 400). Go North on Pine St all the way to the water's edge and parking. Note: the Tay Shore Trail is also the Trans-Canada Trail.

**Organizer:**

Thursday, May 23 **Hike Cheltenham Badlands; Sip at the Cidery** 10:00 AM

**Rating:** Moderate; trails & boardwalks; 2 ~ 3 hours

**Cost:** \$10 per vehicle for parking. Donations to the Ontario Heritage Trust are accepted.

**Description:** Cheltenham Badlands is a unique and spectacular natural landscape feature at risk of damage from intense public use. It has just reopened to the public following a 3-year project [2015-18] to improve access to the site, upgrade the trails, enhance public safety and introduce new trail wayfinding and onsite/virtual interpretive features. The Cheltenham Badlands is one of Ontario's geological treasures, first formed at the base of an ancient sea over 400 million years ago. The site is a provincially significant "Area of Natural and Scientific Interest" and is one of the most recognizable and visited natural heritage landmarks in southern Ontario.

NOTE: There is a NO DOGS policy in effect for this conservation area.

Following our hike, we will drive a short distance to the Spiritree Cidery for lunch.

Bring camera; binoculars; good footwear; and \$10 for pay parking.

<https://www.heritagetrust.on.ca/en/pages/sites/natural-environment/the-cheltenhambadlands/background>

**Directions:** Main Entrance: 1739 Olde Base Lind Road, Inglewood

From Toronto ~ Take Hwy. 410 North to its termination at Highway 10 [Hurontario]; turn right and continue north to Regional Road 12 [Olde Base Line Road; watch for "Da Bean Café & Grill" on the corner]; turn left, proceed west on R.R. 12. A few hundred metres past the Caledon G&CC. watch for signs on south side of R.R. 12.

If you reach Creditview Road, you have gone too far.

Be sure to park legally in the parking lot or use the shuttle bus service offered from Terra Cotta Conservation Area. All visitors are asked to be good to the Badlands and stay on the trails and boardwalks so that future generations can continue to enjoy this site.

**Organizer:**

Thursday, May 30 **Cycle Caledon Rail Trail** 10:00 AM

**Rating:** Moderate 40 km ride on the Caledon Trailway

**Location:** Meet at 10:00 AM along the south side of Brawton Drive at the old railway passenger shelter [beside a small park].

**Description:** Starting in Palgrave [at the old station] we will cycle to Inglewood and return. This is a very pretty and scenic rail trail. The Trailway has a crushed gravel surface and is generally in very good condition.

Bring a lunch.

If the group decides, we can stop for a coffee/bakery in Caledon East at the 30 km mark on the way back.

**Directions:** Follow Highway 50 North to Palgrave and immediately after the Highway crosses the Trailway, turn left on Brawton Drive. In less than 50 metres find parking on the south side of Brawton between the mailboxes and the station shelter, beside a small park. If you reach the Caledon Fire Hall at Pine Street, you have passed Brawton Drive. Parking is free.

Google Map shows as

*"Palgrave Stationlands Park, Caledon Trailway, ON. L7E 0E1"*.

**Organizer:**

Tuesday, June 4     **Hike High Park to Lakeshore & Humber**     10:00 AM

**Rating:** Easy. Leisurely walk on paved pathways. Some modest inclines coming back up the Humber valley.

**Time:** Meet at 10:00 AM in the entrance to High Park subway station.

**Description:** We will wind our way south through High Park to the Lakeshore, then hike west along the lake and then north along the Humber River. The hike will end at my house in Sunnylea [xxx] where you can eat your packed lunch in my backyard.

After lunch, you can catch the 66 bus north at the end of my street into Old Mill Subway, or walk 1.5 km to the Royal York subway at Bloor.

**Directions:** High Park subway station ~ meet inside the entrance doors.  
Bring your lunch.

**Organizer:**

Thursday, June 6     **Cycle Morningside to Ajax return**     10:00 AM

**Rating:** Moderate 45 km along the waterfront trail

**Location:** Meet at 10:00 AM in Morningside Park; first parking lot.

**Description:** We will cycle along the Highland Creek Trail to Lake Ontario, then continue east on the Waterfront Trail into Ajax. Most of the ride is on paved pathways.

Bring a lunch. We will eat lunch at the Ajax Community Centre.

**Directions:** 401 East to Morningside Avenue. Go south on Morningside Avenue past Ellesmere Avenue, then turn right (West) into the entrance to the park.

**Organizer:**

Tuesday, June 11     **Canoe Nottawasaga River**     10:00 AM

**Rating:** Flat water paddling with some current. Requisite paddling skills are expected. Weather is unpredictable, so rain gear should be packed.

**Location:** We will meet at 10:00 AM in the parking lot of the Edenvale Conservation Area. Entrance to the conservation area is an unremarkable laneway so watch sharply. This entrance lane is just west of the river on the north side of Highway 26 [west of Edenvale]. You may also see the stone cairn with a historic plaque "Glengarry Landing".

Follow the laneway to the end.

**Description:** This is a very pleasant paddle down to the Wasaga Sports Park. The take-out will be at the Wasaga Sports Park. Be sure to bring your lunch.

**Directions:** Edenvale is about 1 3/4 ~ 2 hours from Toronto. Go north on Highway 400 to Barrie and exit onto Highway 26 [aka Bayfield Street]. Continue north to Edenvale [passing Midhurst; Minesing]. Just west of Edenvale you will cross the Nottawasaga. Entrance is on the right [north side] just after you cross the river.

**Organizer:**

Thursday, June 13      **Hike Ganaraska Forest**      10:00 AM

**Rating:** Moderate 10~14 km hike. Trails are generally sandy and drain well, but depending on prior weather, be prepared for the occasional damp spot and maybe even a couple of bugs. Ganaraska has some Poison Ivy, so if you are sensitive to it, wear long pants or high socks.

Some modest hills too.

**Location:** Meet at 10.00 AM in the main Ganaraska Forest Centre parking, at 10585 Cold Springs Camp Rd (the end of the road), Campbellcroft, ON L0A 1B0.

**Description:** The Ganaraska Forest is a wonderful story about "nature restored". It is one of the largest blocks of forested land in Southern Ontario. This will be an interesting forest hike. There is a fee of \$6.00 per person for day use. Day passes will be purchased at the Gatehouse.

Bring your lunch ~ we'll eat on the trail.

**Directions:** From Toronto: follow 401 East and exit on Hwy 115 North. Turn East onto Durham Road 9 and travel for 10 km (past Brimacombe ski area). Approximately 7 km east of the ski area, the road bends to the south. Just after the bend in the road watch for a Ganaraska Forest Centre sign and turn north on Cold Springs Camp Road.

NOTE: the road to the right is Dundee Crescent. Travel North on Cold Springs Camp Road for 4 km to the Forest Centre.

**Organizer:**

Tuesday, June 18     **Cycle Cambridge to Paris on Rail Trail**     10:00 AM

**Rating:**

**Location:**

**Description:**

**Directions:**

**Organizer:**

Thursday, June 20     **Hike Rouge Valley Woodland Area**     10:00 AM

**Rating:**     Moderate hike; approximately 2 hours; some hills.

**Location:**     Meet at 10:00 AM at the Conservation Office parking area

**Description:** After gathering, we will do a car shuttle north to the Woodland entrance at Steeles & Reesor. From here we will hike south through the wilderness area back to the Conservation Centre [aka trailhead].

Wear light coloured long-sleeve hiking outfit, gaiters for muddy trail and bring shoes to change after hike.

Optional ~ Tim Hortons coffee social after hike.

**Directions:** 401 to Exit 389 at Meadowvale Road north. Cross Sheppard Avenue staying in rightmost lane; go up the ramp and turn right to the parking lot next to Conservation Centre office building.

**Organizer:**

Tuesday, June 25     **Hike ~ Metro Zoo [with an "insider"]**     10:00 AM

**Rating:**     Moderate walking tour; level ground; length of walk is personal choice

**Location:**     Meet at 10:00 AM at the zoo front entrance in front of the ticket booths

**Description:** Join xxx, a retired zookeeper with Metro Zoo, and get really interesting commentary about the nature and animals and history of the Zoo from someone who has worked there from almost the day it opened. Also, there might be an opportunity for a personal visit with a resident of the zoo, so come prepared to get close to a special animal.

Admission to the Zoo is \$18.00 p.p [if over 65]. \$23 for those who are too young! Parking is a flat rate of \$12.00.

Bring a lunch or you can buy it on site. Bring camera and/or binoculars if you wish.

NOTE: This outing will be limited to a maximum of 15 participants.

**Directions:** Via TTC ~ TTC Sheppard busses 84 and 86 stop at the Zoo.

Via 401, exit at Meadowvale Road and go north. Cross Sheppard Avenue and watch for signs for zoo and parking.

**Organizer:** .

**Thursday, June 27    Cycle Waterfront Trail; Rouge Hill to Whitby    10:00 AM**

**Rating:** Moderate, some small hills, 35 ~ 40 km on paved pathways

**Location:** Meet at 10:00 AM in the Rouge Hill GO station [ticket office]. The station is on Lawrence Avenue East, just east of the Port Union Road.

**Description:** This is a pleasant ride along the waterfront trail. We'll start in the Rouge Hill GO station parking lot and cycle east to Whitby. We'll return the same route. Bring your lunch and water.

**Directions:** Take 401 East to Port Union Road. South on Port Union to Lawrence Avenue East. Turn east [left] onto Lawrence Avenue East

If you are coming east on Kingston Road you will intersect Lawrence Avenue East just west of Morningside. Turn east [right] onto Lawrence and proceed to the GO station.

For GPS: 6251 Lawrence Avenue East

**Organizer:**

**Tuesday, July 9    Canoe ~ Guelph Lake    10:30 AM**

**Rating:** Easy paddling

**Location:** Meet at 10:00 AM in Guelph Lake Conservation Area [boat put-in]

**Description:** Guelph Lake is a good place for all levels of abilities. There are opportunities to swim, play in the sand, and to hike, as well as paddle.

Day use admission fee is \$5.50 per person [seniors' rate].

**Directions:** 401 west toward Guelph; take exit 299 north [Brock Road to Aberfoyle]. Continue past Aberfoyle [road name becomes Gordon]. Continue through Guelph without turning [Gordon becomes Norfolk then becomes Woolwich still heading north]. About 1.5 km after Woolwich merges with Highway 6, you will see Conservation Road on the right. Turn onto Conservation Road and proceed east to the Guelph Lake C.A.

**Organizer:**

**Thursday, July 11    Hike ~ Eaton Hall Lake Trail    10:00 AM**

**Rating:** Moderate, level 8 km loop trail

**Location:** Meet at 10:00 AM along the east side of Keele north of 15<sup>th</sup> Sideroad

**Description:** We will hike the trail around Eaton Hall Lake. We can lunch and socialize at the Pine Farm.

**Directions:** 404 Exit 41 to Bloomington Rd., go west which will become the 15 Sideroad. Turn right (north) on Keele Street and drive about 0.5 km. Park along the road shoulder on the east side of Keele.

**Organizer:**

Tuesday, July 16                      **Canoe Emily Creek**                      10:00 AM

**Rating:** Leisurely paddle; easy.

**Location:** Meet at 10:00 AM at the designated put-in [see directions below]

**Description:** We will paddle through marshland and into Sturgeon Lake. If the conditions allow, we can paddle around Sturgeon Lake and have lunch on the beach.

**Directions:** Take 401 east to Hwy 35/115 north. Follow Hwy 35 to Hwy 7 (south end of Lindsay). NOTE: you will pass Highway 7A east & west ~ do NOT turn onto 7A. Turn right (east) on Hwy 7, then, almost immediately [just past the Lindsay G&CC], turn left onto Hwy 36 north towards Dunsford. Continue on C.R.36 and east of Dunsford you will cross over a bridge. The put-in place is on the right (south) side of the highway, east of the bridge; 23 km from Hwy 7.

**Organizer:**

Thursday, July 18                      **Cycle Nokiidaa Trail Aurora**                      10:00 AM

**Rating:** Moderate hills; mostly paved

**Location:** Meet at 10:00 AM at Sheppard's Bush

**Description:** We will ride the Nokiidaa Trail from Aurora to north of Newmarket and return. Bring water and lunch.

<http://www.ontariotrails.on.ca/trails/view/nokiidaa-trail-association>

**Directions:** Meet in Aurora at Sheppard's Bush...from Toronto head north on 404 exit at Aurora Side Road and go west. Aurora Side Road becomes Wellington Street East; follow Wellington Street East to Mary Street [west of Bayview Avenue]. Turn left [south] and follow Mary Street to Industrial Parkway South. NOTE: you cross Industry Street before you get to Industrial Parkway South. Turn left [south] to Sheppard's Bush.

Free parking and washrooms are available.

**Organizer:**



Tuesday, July 23                      **Canoe Muskoka River**                      11:00 AM

**Rating:**            Easy to moderate; essentially flat-water paddling.

**Description:** We will paddle downstream starting below Bracebridge Falls past Santa's Village to Lake Muskoka (easy paddle with no portages). At the end of our paddler we can take a swim at a beach which has changing rooms.

Bring a lunch, swimsuits and sunscreen.

Dinner at a local restaurant afterwards.

**Directions:** From Toronto take Highway 400 north to Barrie and Highway 11 north to exit ramp #182 (Highway 118). Turn left at stop sign on to Highway 118 into Bracebridge. Drive several kilometers to the first stop light and turn right on to Ecclestone Drive. After approximately 200-300 meters turn left in to Quality Inn / Miss Muskoka Cruise's parking lot.

A car shuttle will be necessary.

Allow at least 3 hours driving time from Toronto. 180 km from Bloor/Yonge

**Organizer:**

Thursday, July 25                      **Cycle Beaches to Toronto Island**                      10:00 AM

**Rating:**            Easy cycling, but a full day of activity.

**Location:**        Meet at 10:00 AM at the Balmy Beach Canoe Club

**Description:** We will cycle the Martin Goodman trail; take the Ferry to the Island; lunch at The Café on Ward's Island; then cycle on to Hanlan's Point and return.

The weather and water should be warm, promises to be a great day.

Bring your bathing suit.

**Directions:** Meet at the Balmy Beach Canoe Club, at the foot of Beech Ave, just south of Queen Street.

If driving, park in the parking lot or surrounding area.

If TTC, get off the Queen streetcar at Beech and walk to the lake.

**Organizer:**

Tuesday, July 30                      **Canoe ~ Bronte Creek**                      10:00 AM

**Rating:**            A relaxing evening paddle

**Location:**        Meet at 10:00 AM in Bronte Beach Park [35 West River Street]

**Description:** We will paddle up the Bronte Creek as far as possible. If Lake Ontario is calm, we may go out on the lake and view the lakeshore homes. This park also offers the choice of going for a pleasant walk.

Bring your lunch and requisite paddling gear [if paddling]

**Directions:** QEW west to Bronte Road south. Take Bronte Road south to Lakeshore Road and turn right. As soon as you cross the bridge, turn left onto West River Street to the park.

**Organizer:**

Tuesday, August 6      **Cycle Keswick to Sibbald Point**      10:00 AM

**Rating:** Easy - 45 km.

**Location:** Meet at 10:00 AM in the Food Basic parking lot

**Description:** This is a beautiful ride along the Lake Scugog shoreline with a view of the magnificent homes in that area. We will lunch at Sibbald Point Provincial Park. You may also enjoy a swim.

**Directions:** Go north on 404 to Queensville Sideroad. Go west on Queensville Sideroad about 1 km to Leslie Street ~ the Queensville traffic lights. Turn right [north] on Leslie and pass through Beverly Hills and South Wynhurst. When you reach Keswick, Leslie Street becomes The Queensway South [at the Glenwoods Mall]. Continue through town on The Queensway South and cross over the waterway passing Maskinonge Park. Watch for a fork in the road and bear left [west] onto Metro Road South. There is a Shell station and a Fire Station at this fork in the road. Continue about 1/2 km to Simcoe Street. Turn right onto Simcoe Street and watch for Food Basics on your right. Turn into the parking lot.

**Organizer:**

Thursday, August 8      **Canoe ~ Lower Scugog**      10:00 AM

**Rating:** Moving water; moderate pace.

**Location:** Meet at 10:00 AM at parking lot described below

**Description:** We will paddle north to Nayoro Park in Lindsay, where we will have lunch. Then paddle back to our put-in.

Bring your lunch

**Directions:** Hwy 401 east to Hwy 35/115 turn-off east of Oshawa. Follow Hwy 35 towards Lindsay [about 46]. Turn left on River Road and follow signs to Cross Creek Marina & Resort. River Rd. turns south at O'Donnell Landing, then turns back west towards the river. We'll meet at the parking area just north of the bridge. If you cross the bridge you've gone too far.

**Organizer:**

Tuesday, August 13      **Canoe ~ Jordan Harbour**      10:30 AM

**Rating:** Relaxed, easy paddle

**Location:** Meet at 10:00 AM at the Jordan Harbour Conservation Area.

**Description:** We will paddle in the large harbour bay. If Lake Ontario is calm, we may venture out on the lake.

Bring lunch, water and all the other necessary gear

**Directions:** From QEW take exit 57 Victoria Ave (RR 24). Turn left on the South Service Rd and continue until the road makes a sharp turn to the right at 21 Street. The entrance to the Conservation Area is directly ahead on your left (the sign is small).

**Organizer:**

Thursday, August 15      **Cycle Waterfront Trail to Pickering** 10:30 AM

**Rating:** Moderate 40 km ride from Guildwood GO station to Pickering waterfront.

**Location:** Meet at 10:00 AM at the Guildwood GO ticket office. Description: We will cycle along the Highland Creek Trail, the Toronto waterfront and around Frenchman's Bay and stop for lunch on the Pickering beachfront.

Bring a lunch. Refreshments later.

**Directions:** 4105 Kingston Rd, Toronto ON M1E 2M3

From 401 go south to Lawrence Avenue East at Highland Creek. That's west of Morningside Avenue and East of Markham Road. Just east of Highland Creek, turn south on Overture Road then turn west on Celeste Drive. The GO station is on the southwest corner of Celeste Drive and Kingston Road.

Coming from the southwest, just come along Kingston Road and pass Scarborough Golf Club Road. The GO station is on the south side of the street.

**Organizer:**

Tuesday, August 20      **Canoe Burnt River**      11:00 AM

**Rating:** Easy. 2 to 3 hours on water. Car shuttle required.

**Description:** An easy paddle on the Burnt River downstream .

Bring a lunch, snacks, water and sunscreen.

Dinner afterwards at a local restaurant.

**Directions:** Take Highway 401 east to Highways 115/35. Go North on Highway 35 to Rosedale. Just before the bridge at Rosedale, turn left onto Canal Road where we will meet at the bridge. There will be a car shuttle but no portages.

Allow approximately 2-1/2 driving time from Toronto.

**Organizer:**

Wednesday, August 21 **Sunset Canoe ~ Toronto Island [Guided]** 5:30 PM

**Rating:** Easy ~ instruction provided. All equipment provided.

**Location:** Meet at 5:30 PM at the Harbourfront Canoe and Kayak Centre 283A Queen's Quay West

**Description:** A two-hour paddle with 16 friends in a Voyageur canoe. No canoeing experience needed. Paddles and life jackets will be provided by the Harbourfront Canoe & Kayak Centre. This outing is led by a Harbourfront C&K guide who will instruct us on safety and paddling skills. After our briefing, we then take to the water, crossing the inner harbour and exploring the many channels and lagoons of the islands.

There will be a short stop to stretch our legs and to visit washrooms. As we return to the Harbourfront dock we will enjoy beautiful views of the city skyline.

This event is **limited to 17 participants** and costs \$31 per person payment must be made by Wednesday, August 14

If paying by cheque, please make cheques payable to Elsie Carr-Locke and mail to *3443 Pinesmoke Crescent, Mississauga, L4Y 3L4*

**Directions:** Harbourfront Canoe and Kayak Center, 383 Queens Quay West. at the south west corner of Queens Quay and Reese Street, just south of Harbourfront Sailing and Powerboating and west of the Marine Police Unit.

There is pay parking nearby.

If coming by TTC ~ Take 509 or 510 westbound

Harbourfront/Exhibition/Spadina streetcar from Union Station. Get off at Reese Street (Radisson Plaza Hotel). Walk south on Robertson Crescent.

**Organizer:**

Thursday, August 22 **Hike: Rouge Valley High Trail - Glen Rouge** 10:00 AM

**Rating:** Moderate 7 km hike; some hills

**Location:** Meet at 10:00 AM in the Twyn River entrance parking lot Description: Rouge Valley hikes always provide variety and beauty. We will gather in the parking lot off Twyn Rivers Drive and follow the High Trail south to Glen Rouge, and return.

**Directions:** 401 Exit 389 to Meadowvale Rd. north, turn right on Sheppard Ave, pass a church, turn left on Twyn River Rd., go over a steel bridge and a concrete bridge, continue on and turn right into the parking lot.

**Organizer:**

Tuesday, August 27 **Canoe: Green, Black & Severn Rivers** 10:00 AM

**Rating:** easy to intermediate

**Description:** Known as the Washago Loop, this is a leisurely paddle of about 5 hours. One short portage of approx. 100 metres. There may be a charge for locking through Lock 42 of the Trent-Severn Canal (in 2018, approx. \$12.00 per canoe). Bring a lunch.

Afterwards, time for an ice cream or snack at the local café.

**Directions:** From Toronto, take Highway 400 North to Highway 11.

Continue North on Highway 11 to Highway 169. Turn right on Highway 169 into the Village of Washago. Turn left on Muskoka Street and meet at the Post Office a block or so down, next to the water.

**Organizer:**

Tuesday, September 17 **Canoe ~ Toronto Islands** 10:00 AM

**Rating:** Moderate paddling skill required. May be some waves crossing the Eastern Gap

**Location:** Meet at 10:00 AM at parking lot just east of Clark Beach **Description:** We will paddle around the Toronto Islands with good views of the Toronto Skyline. Bring suitable walking shoes for a walk in case the Eastern Gap is very rough. Bring lunch, water and all the required water gear.

**Directions:** Clark Beach is at the foot of Cherry Street. There is a small round about in front of the beach lifeguard station. Go to the parking lot just east of this round about.

**Organizer:**

Thursday, September 19 **Hike ~ Seaton Trail** 10:00 AM

**Rating:** Short 7 km hike; moderate terrain

**Location:** Meet at 10:00 AM in the Seaton Trail parking lot

**Description:** This will be a beautiful fall-colour hike along the Seaton Trail.

**Directions:** Proceed east on Highway 7 from Markham Road. Continue east to Green River [at York Durham Line]. Continue east past the York Durham Line for about ½ km and turn right [south] into the Seaton Trail parking lot.

**Organizer:**

Tuesday, September 24 **Cycle Mennonite Country** 10:00 AM

**Rating:**

**Location:**

**Description:**

**Directions:**

**Organizer:**

Thursday, September 26 **Cycle Big Chute Loop** 10:00 AM

**Rating:** Moderate to Advanced 63 km; some hills

**Location:** Meet at 10:00 AM in parking lot near Tim Horton's [35 Lone Pine Road, Port Severn].

**Description:** The Upper Big Chute Loop is one of the prettiest trails in Ontario, especially during the Fall colours. We start and end in Port Severn and cycle mostly along back roads through rocky country and along multiple lakes. Along the way, it takes us past Severn Falls, the Marine Railroad at Big Chute, and bays of Gloucester Pool. After crossing Highway 400 we also get the odd glimpse of Georgian Bay near Honey Harbour.

Bring your lunch. We'll eat on the trail.

**Directions:** Take Hwy. 400 North, Exit 156 for Port Severn Road N/Regional Road 5. Continue on Lone Pine Road. We meet at Tim Hortons parking lot, 35 Lone Pine Road, Port Severn, next to the Petro Canada gas station. Please park away from the retail stores so we don't crowd their parking area.

**Organizer:**